



## **LIST OF SUGGESTED LUNCH PACK ITEMS**

*No homemade food items. All items must be pre-packaged, non-perishable, and not require refrigeration.*

### **DRINK**

*Small Water Bottle (8oz)  
Shelf-Stable Milk Box (white)  
100% Juice Box*

### **PROTEIN**

*Yum Butter w/ Crackers, Single Serve Peanut or Almond Butter pack with pretzels, mini can Vienna Sausage, Jerky (chicken, beef, turkey, pork), canned tuna or chicken salad pack, individual pastas/soups/mac and cheese.*

### **SNACK**

*Annie's Whole Wheat Bunnies, Oatmeal Squeeze, Clif Bars, Mamma Chia Chia Squeeze, Kind Bars, RX Bars Lara Bars, Quaker Oat, Granola Bars, Skinny Pop, Pirate's Booty, Boom Chika Pop, Nature Valley Granola Bars, Planter's Peanuts, Late July Crackers, Snyder's Pretzels, Trail Mix, Cheese Crackers, Peanut Butter Crackers, Almond Pack*

### **FRUIT**

*Fruit Cups, Applesauce, Annie's Fruit Snacks, Munk Pack Fruit, Buddy Fruits Apple Chips, Go Organically Fruit Snacks, Welch's Fruit Snacks (low sugar), Clif Kid Fruit Rope, Fruit Crisps, GoGo Squeeze Applesauce packs.  
(Children receive fresh fruit in family grocery bags)*